

Frequent Chiropractic Care For Spinal Weakness

Are you letting part-time residual spinal problems cheat you out of full-time health? If so, maybe you can do something about it.

RESIDUAL PROBLEMS

Residual problems—spinal weaknesses which gradually become weaker—allow the vertebrae to lose their proper alignment in the spine. Then, the misaligned vertebrae (subluxations) pinch, irritate, compress, impinge, or otherwise compromise spinal nerves exiting between the vertebrae. Invariably this causes back pain and stiffness and may cause internal health problems as well.

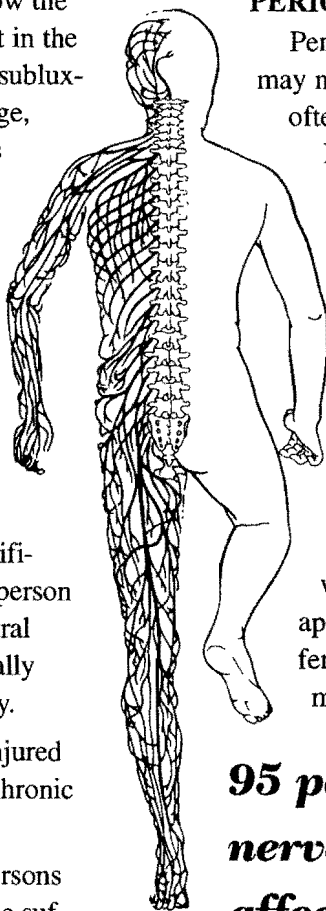
CAUSES OF SPINAL WEAKNESS

The chief reasons for residual spinal weakness are three:

#1 — Genetic Defect. Weakness may stem from a genetic defect, a significant malformation of a spinal part the person was born with. This puts undue structural stress on the spine and nerves and usually becomes more stressful as time goes by.

#2 — Injury. Some persons have injured their spines in a way that perpetuates chronic structural weakness.

#3 — Both. Unfortunately, some persons were born with a spinal defect and have suffered spinal injury as well, putting them at very high risk for residual problems.



PERIODIC CHIROPRACTIC CARE

In most cases such troubled spines respond well to periodic chiropractic care: a frequency of various chiropractic treatments designed to bring about, as much as possible, renewed strength and flexibility to the weakened spine.

PERIODIC CARE—HOW OFTEN?

Persons having serious residual weaknesses may need periodic care at short intervals—as often as once a week up to once a month.

Less serious residual disabilities may require periodic care only once every two or three months.

Let your chiropractic doctor evaluate your condition and determine what periodic treatment schedule is best for you. Residual spinal problems seldom, if ever, get better by themselves. They only get worse and more difficult to treat.

But patients with residual problems who take periodic chiropractic care at the appropriate time avoid much pain and suffering—and in the long run save time and money.

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