

Where Nerves Go, What They Do and the Chiropractic Doctor

No drawing or illustration can adequately represent the astounding complexity of the human nervous system. Nerves go everywhere, even into the most remote and far distant areas and cells of the body... a body so thoroughly saturated with nerves and twigs of nerves that if we could wish away all the body's bones, muscles, blood vessels and other tissues, we would still have a shadowy form of the body composed only of nerves.

HEALTHY NERVES UTTERLY VITAL

We humans are almost totally dependent on the nervous system to tirelessly monitor, integrate, direct, modify and unify the countless functions of the body's systems, organs and glands. Even the circulatory and glandular systems — persuasive harmonizers of bodily functions in their own right — depend heavily on instructions from the nervous system. In a word, the nervous system tells the body what to do and when to do it.

Notice in the drawing how the nerves branch out from the spinal cord. Before extending to various parts of the body, the nerves exit between vertebrae which are stacked around the spinal cord and protect it.

PINCHED NERVES — DISEASE CONDITIONS

However, if one or more vertebrae become misaligned (subluxated), the exiting nerve may be pinched and normal nerve function may be

altered. This "pinching effect" may cause pain, discomfort and disease conditions not only in the back, but in bodily parts, organs, or glands served by the affected nerves.

WHAT CAUSES MISALIGNMENTS?

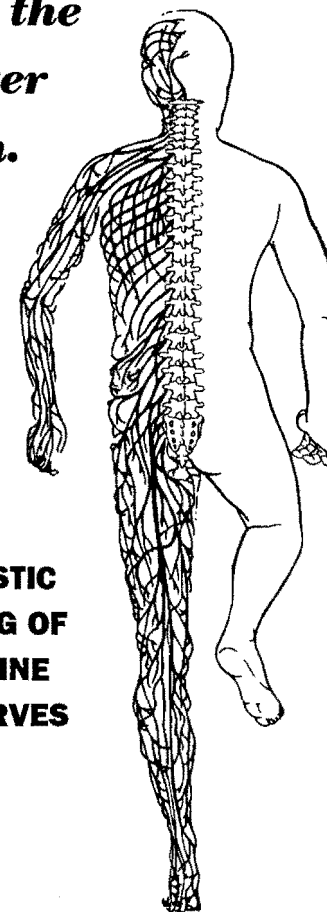
Some vertebral misalignments are caused by accidents and injuries, but there are many other causes. Here are some of them:

Injuries	Other Causes
• Birth Injuries	• Weak Ligaments
• Childhood Injuries	• Muscle Spasms
• Falls	• Congenital Defects
• Home Injuries	• Unequal Leg Lengths
• Sports Injuries	• Spinal Imbalance
• Workplace Injuries	• Emotional Tension
• Auto Injuries	• Mental Strain
• Overuse Injuries	• Fatigue

CHIROPRACTIC DOCTORS ADJUST VERTEBRAS

Chiropractic doctors are able to adjust misaligned vertebrae into proper alignment and thus rid the affected nerve of the irritation. Then the nerve can perform properly again and help the body heal its own problems and maintain its own health.

Feelings of health and well-being depend in large measure on a properly functioning nervous system, often called the master system.



SIMPLISTIC DRAWING OF THE SPINE AND NERVES